## 1.3-1. Athletics

CCCB is a member of the Midwest Christian College Conference (MCCC) and the National Christian College Athletic Association (<a href="www.thenccaa.org">www.thenccaa.org</a>). Official teams representing the college include men's and women's basketball, shotgun sports, men's soccer, women's volleyball and Cross Country. Members of an intercollegiate athletic team must be full-time students (twelve or more hours). Students are eligible for participation in a varsity sport if their cumulative grade point average (GPA) is at least a 2.00, they earned at least 12 hours the prior semester of enrollment, and they meet Central's scholastic and community life. The athletic schedule can be found at <a href="mailto:cccbsaints.com">cccbsaints.com</a>.

## 1.3 - 1.a. Intramurals & Club Sports

Central's intramural sports are coordinated by the Athletic Director. Intramural sports are for Central's students, staff, and faculty only. Leagues are formed throughout the semesters and may include sports and activities such as basketball, flag football, dodge ball, ultimate Frisbee, volleyball, kickball, chess, checkers, foosball, billiards, ping-pong, and air hockey. Full-contact sports such as tackle football and rugby are not permitted on campus.

The Athletic Director facilitates usage of all sports equipment. As in all we do, the highest Christian character and behavior is expected. Coordinators may restrict participants and spectators from present and future involvement due to unacceptable behavior. Central's students do not have permission to use the fields or facilities of the public school system, Moberly Area Soccer Association (Shepherds Field), and Moberly Area Community College.

## 1.3 – 1.b. Strength and Fitness Room

A workout room is located in the northeast corner of Pelfrey Hall, adjacent to the gym and athletic offices. This workout room is available for all students, staff, and faculty. Care should be taken in the maintenance and cleanliness of the workout equipment. Any malfunction of equipment should be reported to Maintenance immediately. The schedule of availability is posted outside the door of the fitness center.

## 1.3 - 1.c. YMCA

The Randolph County YMCA is located on Gratz Brown Road. We have an excellent relationship with the YMCA, which employs some of our students and uses others as volunteers in their programs. The YMCA offers a discounted membership to college students. For more info, call 660-263-3600.